

Home of

# All You Can Eat



Mario's 16 Layer Lasagna



Sausage and Peppers Penne





Mario's Chicken Parmigiana



Linguine Chicken Tetrazzini



 100% Canadian  
Owned and Operated

East Side Mario's is proud to support  
Canadian  
Breast Cancer  
Foundation   
Over \$2 million raised and counting





Spaghettini and Meatballs



Sautéed Basa Filet



Pepperoni Pizza



# Viva Value

all for only  
**\$12.99**



Our field-fresh tomato sauce is made using the finest California pear tomatoes, pressed within 4 hours of picking in order to provide you with the freshest flavour.

## PASTA

### Spaghettini and Meatballs

Featuring our meatballs simmered in napolitana sauce, served over spaghettini noodles.

### Spaghettini Bolognese

Spaghettini with a heaping portion of beef bolognese sauce.

- **Fettuccine Alfredo**

Simple and delicious! Fettuccine noodles tossed in our Alfredo sauce.

- **Baked Penne Alfredo**

Penne pasta with Alfredo sauce, broccoli and our made-in-house bruschetta, baked with pizza mozzarella.

### Baked Penne Bolognese

Penne tossed with beef bolognese and Alfredo sauce, topped with made-in-house bruschetta and cheese, then baked to perfection.

- **Spaghettini Primavera**

Topped with sautéed vegetables, sun-dried tomatoes, snow peas and basil. Tossed in our primavera sauce with parmesan romano cheese.

## BUILD YOUR OWN PASTA

### 1. Pick your noodle:

Penne, Bowtie, Linguine, Spaghettini, Fettuccine, Penne (GF), Spaghetti (GF)

### 2. Pick your sauce:

(All Gluten-Friendly)

Alfredo, Bolognese, Tomato-Herb, Rosé, Primavera, Napolitana, Arrabbiata

### 3. Pick your topping:

Mario's Meatballs, Spicy Italian Sausage (GF), Seasoned Chicken Breast (GF), Sautéed Shrimp (GF), Primavera Vegetables (GF)



## PIZZA

- **Bruschetta Pizza**

Our 10-inch pizza dough topped with pizza sauce, pizza mozzarella, made-in-house bruschetta and green onions.

### Mario's 10" Pepperoni Pizza

The classic pepperoni pizza with pizza mozzarella, tomato sauce and lots of pepperoni.

## ...OR FISH

### Sautéed Basa Filet

A 7 oz. basa filet delicately seasoned with lemon and herbs, and pan-fried till golden brown. Served atop a medley of mushrooms, fresh basil and primavera vegetables lightly sautéed in olive oil.

● = VEGETARIAN

We have additional Gluten-Friendly (GF) items. Ask your server for our Gluten-Friendly Menu.



# Start here

## SOUPS 'N' SALADS

**Italian Wedding Soup**  
Chicken broth, mini meatballs, confetti pasta and spinach. 5.24

- **Roasted Garlic & Tomato Soup**  
Smooth tomato purée in a light vegetarian broth, with hints of garlic, basil, fennel and sweet cream. 5.24

- **Garden Salad**  
Iceberg lettuce, grape tomatoes, pepperoncini peppers, red onions, black olives and croutons topped with our famous house vinaigrette. 9.99  
\*Add grilled seasoned chicken breast or sautéed shrimp 3.99 or wild Pacific salmon filet 5.99

### Caesar Salad

Romaine lettuce, bacon pieces and seasoned croutons tossed with our creamy Caesar dressing. 9.99  
\*Add grilled seasoned chicken breast or sautéed shrimp 3.99 or wild Pacific salmon filet 5.99  
\*Renée's Gourmet Light Caesar dressing is available.

### Tuscan Chicken Salad

Grilled seasoned chicken breast, navel orange slices, julienned figs, red onions and mixed greens topped with walnuts, goat cheese and our balsamic vinaigrette. 13.99

### Grilled Chicken & Caprese Salad

Grilled seasoned chicken breast skewers served on a bed of baby spinach and arugula tossed in our vinaigrette. Topped with layers of fresh tomatoes, bocconcini cheese slices and basil leaves dressed in extra virgin olive oil, then drizzled with balsamic glaze. Served with garlic crostini. 14.99

## STARTERS

- **Feta Bruschetta**  
Baked garlic and herb flatbread topped with fresh, made-in-house bruschetta, arugula, feta cheese and balsamic glaze drizzle. 8.99
- **Budda Boomers**  
Pizza dough deep fried then tossed in herbs and garlic, sprinkled with parmesan romano and served with tomato dipping sauce. 5.99
- **Calamari Al Diavolo**  
Lightly seasoned calamari with garlic, onions, red, green and hot cherry peppers served in a tomato broth on a sizzlin' skillet. BAM! 11.99. Or enjoy our classic Calamari Fritti for 10.99
- **Stuffed Mushroom Caps**  
Mushrooms stuffed with garlic and cream cheese dip. Served with garlic crostini. 9.49
- **Crispy Mozzarella Ravioli**  
Our twist on the classic cheese stick. Tossed with parmesan romano cheese and served with a choice of napolitana or spicy arrabbiata sauce. 8.99
- **Cheesy Spinach and Artichoke Dip**  
Made with artichoke hearts, spinach and a blend of cheeses served with toasted flatbread points. 10.99
- **Mario's Nachos**  
Topped with salsa, blended cheese, black olives, green onions and fresh, made-in-house bruschetta. 11.99  
\*Add grilled seasoned chicken breast 3.99

### Chicken Wings

Tossed in your choice of sauce: mild, medium, hot, honey garlic or garlic parmesan. Served with carrots, celery and blue cheese dip. 11.99

### Combo Platter

Great for the family to share. A full order of Budda Boomers served with Chicken Wings, Crispy Mozzarella Ravioli and 3 Mario's Meatballs baked with pizza mozzarella. 15.99

● = VEGETARIAN ● = SPICY!

Feta Bruschetta

Calamari Al Diavolo

Grilled Chicken and Caprese Salad

Take home our famous garden salad dressing for 4.99!

Tuscan Chicken Salad





Mario's Chicken Parmigiana



Sausage and Peppers Penne



INCLUDES  
**ALL-YOU-CAN-EAT**  
SOUP OR SALAD, AND  
GARLIC HOMOLOAF  
OUR SIGNATURE

## Mario's Chicken Parmigiana

A giant seasoned chicken breast, coated with herbed breadcrumbs, topped with napolitana sauce and baked with pizza mozzarella. Served with Penne Napolitana. It's as big as your head! 19.99

## ● Sausage and Peppers Penne

Italian sausage and roasted red and green peppers sautéed with our spicy arrabbiata sauce. Try it again for the first time! 16.99

## ● Cheese Cappelletti

Pasta stuffed with ricotta cheese filling, then baked with pizza mozzarella and our rosé sauce. 16.99

## Seafood Linguine

Shrimp, mussels and sea scallops simmered in our tomato-herb sauce and fresh basil. 17.99

## Linguine Chicken Amatriciana

Seasoned chicken breast with fresh peppers, roasted garlic, bacon, black pepper and roasted button mushrooms tossed in our rosé sauce. 16.49

## ● Hell's Kitchen Chicken

An 8 oz. chicken breast simmered with mushrooms, tomatoes, chili peppers and a spicy tomato broth. Served with fresh seasonal vegetables and Mario's potatoes. 19.99

● = VEGETARIAN ● = SPICY!

# Viva Legends

Pick a dish you know and love. Naturally, each one comes with our signature ALL-YOU-CAN-EAT soup or salad, and garlic homeloaf.



Did You Know...?

Time and care go into making our hand-breaded Chicken Parmigiana in-house and fresh every day. Each one is topped with our signature field-fresh tomato sauce.







Firecracker Shrimp Bowtie



Pesto & Peppers Spaghetti  
with Goat Cheese



Linguine Chicken Tetrazzini



# Viva Italia

Remember, each of these dishes comes with our signature ALL-YOU-CAN-EAT soup or salad, and garlic homeloaf.



## ● Firecracker Shrimp Bowtie

Sautéed shrimp with fresh fiery green chilies, snow peas, roma tomatoes, parmesan romano cheese and basil. Tossed with primavera sauce. 17.99

## Chicken Picatta

An 8 oz. seasoned chicken breast sautéed with mushrooms and white wine. Simmered with a lemon caper sauce and served with fresh seasonal vegetables and spaghetti with primavera sauce. 19.99

## ● Pesto & Peppers Spaghetti with Goat Cheese

Spaghetti, roasted red and green sweet bell peppers, baby spinach leaves and basil pesto tossed with a fresh tomato-herb sauce and then topped with creamy goat cheese. 15.99

## Scallop Carbonara

Three bacon-wrapped scallops atop linguine with Alfredo sauce, bacon, green onions and even more scallops. 18.99

## White Wine Scallop & Shrimp Spaghetti

Shrimp, scallops, snow peas and grape tomatoes sautéed with fresh garlic. Tossed with spaghetti in a lemon white wine sauce. 18.99

## Linguine Chicken Tetrazzini

Tons of seasoned chicken breast, roasted mushrooms, made-in-house bruschetta, white wine and fresh garlic tossed in Alfredo sauce. Forget about it. 17.99



All Mario's pasta dishes feature De Cecco pasta, imported from Abruzzo, Italy. Since 1886, De Cecco has been world-renowned for its quality, colour, taste and texture. De Cecco uses only the finest Durum wheat and a patented drying process to produce sublimely flavoured pasta. Combined with any of our sauces, it's a marriage made in heaven.



● = VEGETARIAN ● = SPICY!



INCLUDES  
**ALL-YOU-CAN-EAT**  
SOUP OR SALAD, AND  
GARLIC HOMEOLOAF  
OUR SIGNATURE

# Viva A-more!

Pick a dish you know and love. Naturally, each one comes with our signature ALL-YOU-CAN-EAT soup or salad, and garlic homeloaf.

Grilled Wild Pacific Salmon

## Grilled Wild Pacific Salmon

Served with fresh seasonal vegetables, Fettuccine Alfredo and lemon sauce on the side. 19.99

## 8 oz. New York Striploin

Cut from Canada AAA beef and aged for a minimum of 21 days for full flavour and tenderness. Grilled to your liking and served with fresh seasonal vegetables and Mario's potatoes. 19.99

### \*ADD TO ANY A-MORE! ENTRÉE

5 wings with carrots, celery & blue cheese dip for 5.00 or  
roasted button mushrooms 3.49 or sautéed shrimp 3.99

## Back Ribs

Marinated in BBQ sauce, then slow-roasted and served with fries and more BBQ sauce for dipping. 22.99

## Steak & Mushroom Ravioli

Ravioli filled with steak (that's right, steak) and sliced mushrooms served atop a hearty blend of peppers, spinach and even more mushrooms tossed in our arrabbiata sauce. Drizzled with Alfredo sauce and parmesan cheese. 18.49

Signature

## Mario's 16 Layer Lasagna

Layer upon layer of our lasagna noodles, stuffed with ground beef, sausage and three cheeses, then baked and topped with our beef bolognese sauce and pizza mozzarella. A greater lasagna you will never find! 18.99

## Basil Chicken & Fettuccine Pomodoro

Seasoned chicken breast, diced tomatoes, fresh garlic and chili flakes sautéed in extra virgin olive oil and tossed with fettuccine, fresh basil, parsley and a sun-dried tomato pesto. 17.99

## Chicken Strips

Five seasoned, breaded chicken tenders served with fries and plum sauce. 14.99

Basil Chicken and Fettuccine Pomodoro

Mario's 16 Layer Lasagna





Classic Pepperoni Pizza

LARGE INCLUDES  
**ALL-YOU-CAN-EAT**  
SOUP OR SALAD, AND  
GARLIC HOMOLOAF  
OUR SIGNATURE

# Pizza

4 can dine for  
**\$25.99**

## Pepperoni

Pizza mozzarella, tomato sauce and a DOUBLE portion of our delicious pepperoni. R-12.49 L-25.99

## New Yorker

Pepperoni, red and green peppers, mushrooms, tomato sauce and pizza mozzarella. R-13.49 L-27.49

## Gourmet Vegetarian

Our fresh, made-in-house bruschetta, red and green peppers, mushrooms, caramelized onions, tomato sauce and pizza mozzarella. R-14.49 L-28.99

## Chicken & Bacon

Pesto-Alfredo sauce topped with grilled seasoned chicken breast, green onions, roasted red peppers, bacon and pizza mozzarella. R-14.99 L-29.99

## Four Meat

Made with pepperoni, Italian sausage, ham, bacon, pizza mozzarella and tomato sauce. R-15.49 L-30.99

## Dipping Sauces

Choose from Creamy Garlic, Spicy Arrabbiata, Mario's Napolitana, Creamy Pesto. 1.39

## Build Your Own Pizza!

Regular 10.49 Large 22.99 (Includes ALL-YOU-CAN-EAT)

1. We'll start you off with tomato sauce and pizza mozzarella
2. Add additional toppings: mushrooms, black olives, hot cherry peppers, mixed peppers, pineapple, roasted red peppers, caramelized onions, fresh tomatoes. R-.99 L-1.99

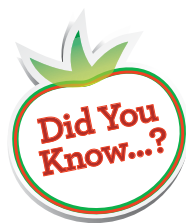
Crumbled Italian sausage, bacon, pepperoni, ham, goat cheese, extra cheese. R-1.49 L-2.49

3. Add a Dipping Sauce: Choose from Creamy Garlic, Spicy Arrabbiata, Mario's Napolitana, Creamy Pesto. 1.39

## Gluten-Friendly Regular 10.99

Add additional GF toppings: mushrooms, black olives, hot cherry peppers, mixed peppers, pineapple, roasted red peppers, caramelized onions, fresh tomatoes. .99

Bacon, pepperoni, goat cheese, extra cheese. 1.49



Mario's pizzas are baked to perfection, fresh from our stone oven. Choose a classic or build your own. Large pizzas serve 3-4 and include our signature ALL-YOU-CAN-EAT soup or salad, and garlic homeloaf. Find a couple of people who share your taste for value and dig in.



= VEGETARIAN





# Sandwiches

Available all day. Served with soup, salad or fries.

## Chicken Parmigiana Sandwich

A seasoned chicken breast coated with herbed breadcrumbs, topped with napolitana sauce and pizza mozzarella. Served on grilled ciabatta bread. 11.49

## The Traditional Burger

Char-grilled and served with crisp iceberg lettuce, tomato and red onion. 10.99  
\*Add cheese or bacon 99¢ ea.

## Tuscan Turkey Club

Smoked turkey, bacon, lettuce, mayo and tomato on toasted Tuscan bread. 11.49

## Mariboli Wrap

Grilled seasoned chicken, lettuce, peppers, fresh bruschetta, pizza mozzarella and pesto mayo in a sun-dried tomato wrap. 11.49

## Grilled Chicken & Provolone Panini

Grilled seasoned chicken breast, provolone cheese, pesto mayo, roasted red peppers, fresh basil and spinach served on grilled ciabatta bread. 11.99

## The Fat Tony Burger

Our traditional burger topped with smoked pulled pork, BBQ sauce and provolone cheese. 13.49

## Philly Cheesesteak

Shaved steak sautéed with mixed peppers, pizza mozzarella and cheddar cheeses, red onions and caramelized onions. Baked in our signature garlic homeloaf and topped with even more pizza mozzarella and cheddar. 12.99

## ● Veggie Panini

Stuffed with fresh tomato, grilled zucchini, arugula, fresh basil, olive oil, feta cheese and pesto mayo. Served on grilled ciabatta bread. 10.99

## Pulled Pork

Smoked pulled pork, provolone cheese, basil leaves, sliced tomato, red pepper mayo and romaine lettuce. Served on toasted ciabatta bread. 11.99

## New York Steak Sandwich

6 oz. striploin steak topped with sautéed mushrooms and served open-face on toasted garlic ciabatta bread. 14.49

Lunch-sized pastas include a complimentary garlic homeloaf. Add a single serving of soup or salad to any lunch pasta for just 3.99

# Weekend Lunch

Saturday and Sunday 11am - 3pm

## Mario's Trio

A meal of soup, salad and garlic homeloaf. Single serving 8.99. Make it ALL-YOU-CAN-EAT add 1.49! (per person)

## New Yorker Calzone

Pepperoni, peppers, mushrooms and cheese. Served with your choice of soup, salad or fries. 11.99

## ● Cheese Cappelletti

Pasta stuffed with ricotta cheese filling, then baked with pizza mozzarella and our rosé sauce. 10.99

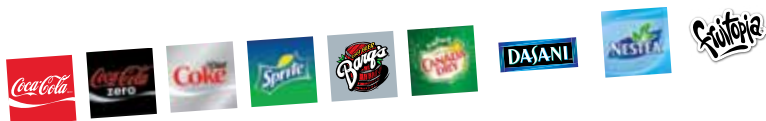
## ● Sausage and Peppers Penne

Italian sausage and roasted red and green peppers sautéed with our spicy arrabbiata sauce. 10.99

## Linguine Chicken Tetrazini

Tons of seasoned chicken breast, roasted mushrooms, made-in-house bruschetta, white wine and fresh garlic tossed in Alfredo sauce. 10.99

🍅 = VEGETARIAN 🌶️ = SPICY!



**ORDER ONLINE. Bring it home.**  
[eastsidemarios.com](http://eastsidemarios.com)

\*Dear Valued Guest: We take our Gluten-Friendly pasta and pizza program very seriously. Every item listed as "(GF)" on our menu is prepared using only gluten-free ingredients. However, due to the open nature of our kitchens where gluten is present, cross contamination may occur during food preparation. Therefore, East Side Mario's restaurants cannot claim to be gluten-free facilities and we cannot accept liability for symptoms contracted through the ingestion of gluten. We hope that you enjoy our newest, healthy offerings, and encourage you to visit us at [eastsidemarios.com](http://eastsidemarios.com) for a detailed nutritional account of all of our dishes. Grazie! Taxes extra. No reproduction or other use of this menu is permitted except by written authorization. Some items may contain traces of, or have come in contact with, nuts. East Side Mario's is a registered trade-mark. © 2013 Prime Restaurants Inc.



Veggie Panini



Sausage and Peppers Penne



Hey Mini Marios....  
**HAVE YOU JOINED  
THE CLUB YET?**

**MEMBERS HAVE EVEN MORE FUN!**  
Parents, by enrolling your child in our Mini Mario's Club,  
your Mini Mario will receive special news, promotions and  
exclusive membership offers throughout the year!

**Mini Mario Meals  
starting at \$6.49**

Includes a drink, dessert,  
activity booklet with crayons  
AND a custom toy.

**FOR KIDS 10 AND UNDER**

East Side  
**MARIOS**



**Join Today!**

Register on the kids page at [eastsidemarios.com](http://eastsidemarios.com)  
or scan the QR code to join today!  
Text KIDS to 123123 for registration information.  
Offers may arrive electronically or via Canada Post.  
Allow 6-8 weeks for delivery.







**Chicken Parmigiana**  
Lightly breaded seasoned chicken breast topped with our tomato-napolitana sauce and baked with pizza mozzarella. Comes with fries. 7.99



**Cheese Cappelletti**  
Little pasta pockets stuffed and baked with pizza mozzarella, tossed in a creamy tomato sauce. 6.49



**Dino Bites**  
Five dino bites with your choice of garden salad, seasonal vegetables or fries. 7.49



**Mini Mario's Burger**  
Char-grilled and served with crisp iceberg lettuce, tomato and fries on the side. 7.25  
Add cheddar cheese or bacon 99¢ ea.



**Mario's Pasta with Napolitana Sauce**  
Pick a pasta and we'll top it with our tomato-y napolitana sauce. 6.49  
\*Gluten-Friendly pasta is available. Just ask your server!

Nut-free dessert option available. Ask server for details!



**Mario's Famous Mini Cones**

**Mini Mario's Meals**  
Come with:  
Your choice of milk, juice or refillable soft drink and 3 of Mario's Famous Mini Cones!  
(Juice and milk refills add \$1)

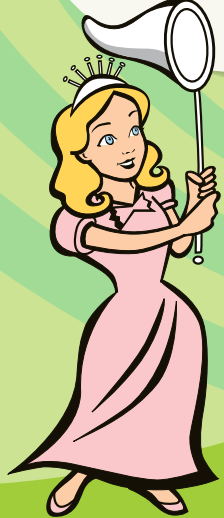






## Little Extras

Carrots, celery and orange wedges. 1.49  
Seasonal Vegetables, Mario's Potatoes or Fries. 2.99  
Garden Side Salad or Caesar Side Salad. 3.49



Garden Salad



Caesar Salad



### Cheesy Bowtie Alfredo

Pasta with pizza mozzarella and a creamy Alfredo sauce. 6.49



### Kid's Pizza

Topped with our signature pizza sauce and pizza mozzarella. It tastes great all by itself or covered with pepperoni. 6.49



### Spaghettini and Meatballs

Featuring our beef meatballs simmered with napolitana sauce. 7.99



### Mario's Pasta with Parmesan Romano Cheese

Pick a pasta and we'll toss it with margarine and parmesan romano cheese. Makes mac 'n' cheese jealous. 6.49  
\*Gluten-Friendly pasta is available. Just ask your server!

 = VEGETARIAN



## Bubble Blow Pop

It bubbles, it fizzes,  
it pops... and it rocks!  
It's bubbly-icious!



## Root beer Float

The BEST drink ever!  
This frothy treat is  
made with vanilla ice  
cream and Barq's®  
Root Beer....sweet!



## Sparkling Shirley Temple

This fizzy drink treat is  
DEEEEEEE-licious and  
comes with a cotton  
candy magic wand!



## S'mores Shake

Chocolate and  
toasted marshmallow  
vanilla ice cream  
served in a graham  
cracker rimmed glass  
and topped with  
chocolate sauce and  
mini marshmallows.



## OREO

## Cookie Cream Dream

It tastes like a  
scrumptious cookie ice  
cream cake you can  
drink...soooooo cool!



You gotta try  
**Mini Mario's  
Chillers**  
**\$2.99**

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MINI MARIO'S CLUB MENU-ROC/QC-13



## Jelly Belly

Your choice of  
a Jelly Belly  
Blue Raspberry  
or Jelly Belly  
Sour Cherry  
Chiller.





# MARIO'S FAMOUS Trio \$8.99

ENJOY OUR SIGNATURE  
GARLIC HOMELOAF WITH  
YOUR CHOICE OF SOUP  
AND SALAD.

MAKE IT ALL-YOU-CAN-EAT  
FOR AN EXTRA \$1.49

## SALAD

### Garden Salad

Crisp iceberg lettuce, grape tomatoes, pepperoncini peppers, red onions, black olives and croutons topped with our famous house vinaigrette.

### Caesar Salad

Romaine lettuce, bacon pieces and seasoned croutons tossed with our creamy caesar dressing.

### Mediterranean Salad \$1 extra

Fresh romaine, tender arugula, chopped tomato, black olives, red onions, roasted peppers and feta cheese topped with a sun-dried tomato vinaigrette.

## SOUP

### Italian Wedding Soup

Chicken broth, mini beef meatballs, confetti pasta and spinach.

### Roasted Garlic & Tomato Soup

Smooth tomato purée in a light vegetarian broth, with hints of garlic, basil, fennel and sweet cream.

Everyday  
\$5 BEER, WINE  
OR SANGRIA!

*Bud and Bud Light Draught Cans* (16 oz.)  
*Cabernet Merlot, Peller Estates, Canada* (5 oz.)  
*Chardonnay, Peller Estates, Canada* (5 oz.)

*Blueberry Pomegranate Sangria* (2.5 oz.)  
An antioxidant rich blend of blueberry pomegranate juice, red wine, passion fruit purée, Smirnoff® Raspberry Vodka, fresh citrus, ginger ale and seasonal fruit.

*Raspberry Blush Sangria* (2.5 oz.)  
A fruity blend of White Zinfandel, raspberry purée, orange liqueur, fresh lime and cranberry juices with a splash of lemon lime soda and seasonal fruit.



Monday to Friday, 11am – 3pm



1

BYO  
PIZZA

## PIZZA

**The Lunch Za**

Small pizza with 1 topping. 8.99  
Extra toppings from 99¢.

**New Yorker Calzone**

Pepperoni, peppers, mushrooms  
and pizza mozzarella. 9.99

## SANDWICHES

**Grilled Chicken & Provolone Panini**

Grilled seasoned chicken breast, provolone cheese,  
pesto mayo, roasted red peppers, fresh basil and  
spinach served on grilled ciabatta bread. 11.99

**Chicken Parmigiana Sandwich**

A seasoned chicken breast coated with herbed  
breadcrumbs, topped with napolitana sauce and pizza  
mozzarella. Served on grilled ciabatta bread. 10.99

● **Veggie Panini**

Stuffed with fresh tomato, grilled zucchini, arugula,  
fresh basil, olive oil, feta cheese and pesto mayo.  
Served on grilled ciabatta bread. 9.99

**Pulled Pork**

Smoked pulled pork, provolone cheese, basil leaves,  
sliced tomato, red pepper mayo and romaine lettuce.  
Served on toasted ciabatta bread. 9.99

2

INCLUDES CHOICE  
OF 1 SIDE:● **Garlic Homeloaf**● **Garden Salad****Caesar Salad**● **Mediterranean Salad \$1 extra****Italian Wedding Soup**● **Roasted Garlic & Tomato Soup**● **French Fries****Italian Style Poutine \$1 extra**● **Sweet Potato Fries \$1 extra**

● = VEGETARIAN

1 PICK A SANDWICH,  
BURGER OR PIZZA  
2 THEN PICK A SIDE  
FROM  
\$8.99

**Tuscan Turkey Club**

Smoked turkey, bacon, lettuce, mayo and tomato on toasted  
Tuscan bread. 10.99

**Mariboli Wrap**

Grilled seasoned chicken, lettuce, peppers, fresh bruschetta, pizza  
mozzarella and pesto mayo in a sun-dried tomato wrap. 10.99

**Philly Cheesesteak**

Shaved steak sautéed with mixed peppers, pizza mozzarella and  
cheddar cheeses, red onions and caramelized onions. Baked in  
our signature garlic homeloaf and topped with even more pizza  
mozzarella and cheddar. 11.99

## BURGERS

**The Traditional Burger**

Char-grilled and served with crisp iceberg lettuce, tomato and  
red onion. 9.99 \*Add cheese or bacon 99¢ ea.

**The Fat Tony Burger**

Our traditional burger topped with smoked pulled pork, BBQ  
sauce and provolone cheese. 11.99

\$9.99

## PASTA

PASTAS COME WITH GARLIC  
HOMEOAF – ADD SOUP, OR GARDEN  
OR CAESAR SALAD FOR 1.99,  
OR MEDITERRANEAN SALAD 2.99

● **Cheese Cappelletti**

Pasta stuffed with ricotta cheese filling, then baked  
with pizza mozzarella and our rosé sauce.

**Linguine Chicken Tetrazzini**

Tons of seasoned chicken breast, roasted  
mushrooms, made-in-house bruschetta, white  
wine and fresh garlic tossed in Alfredo sauce.  
Forget about it.

**Linguine Chicken Amatriciana**

Seasoned chicken breast with fresh peppers,  
roasted garlic, bacon, black pepper and roasted  
button mushrooms tossed in our rosé sauce.

**Seafood Linguine**

Shrimp, mussels and sea scallops simmered  
in our tomato-herb sauce and fresh basil.

**Spaghettini and Meatballs**

Featuring our meatballs simmered in napolitana  
sauce, served over spaghettini noodles.

● **Sausage and Peppers Penne**

Italian sausage and roasted red and green peppers  
sautéed with our spicy arrabbiata sauce.

● **Spaghettini Primavera**

Spaghettini topped with sautéed vegetables,  
sun-dried tomatoes, snow peas and basil.  
Tossed in our primavera sauce with  
parmesan romano cheese.

● = VEGETARIAN ● = SPICY!

BYO  
PASTA

1. Pick your noodle: Penne, Bowtie, Linguine, Spaghettini, Fettuccine, Spaghetti (GF), Penne (GF)
2. Pick your sauce: (All Gluten-Friendly) Alfredo, Bolognese, Tomato-Herb, Rosé, Primavera, Napolitana, Arrabbiata
3. Pick your topping: Mario's Meatballs, Spicy Italian Sausage (GF), Seasoned Chicken Breast (GF), Sautéed Shrimp (GF), Primavera Vegetables (GF)

\$9.99





## East Side Mario's Nutrition Guide

	Serving Size	Energy	Total Fat	Saturated Fat	Trans Fat	Cholesterol	Sodium	Carbohydrate	Fibre	Sugars	Protein	Vitamin A	Vitamin C	Calcium	Iron
	(g)	(Cal)	(g)	(g)	(g)	(mg)	(mg)	(g)	(g)	(g)	(g)	(% Daily Value)	(% Daily Value)	(% Daily Value)	(% Daily Value)
<b>Soups &amp; Salads</b>															
Caesar Salad for 2 or More (big red bowl)	349	770	75	5	0	85	870	16	3	4	11	25	25	6	4
Chicken Garden Salad	411	390	24	3	0	0	1660	19	3	5	22	4	30	8	10
Entrée Caesar	260	560	52	4	0	60	700	14	2	3	10	20	15	4	4
Entrée Garden	298	290	23	3	0	0	1220	18	3	4	3	4	25	6	8
Garden Salad for 2 or more (big red bowl)	369	360	30	4	0	0	1340	20	3	5	4	4	35	8	8
Grilled Chicken Caesar Salad	374	660	52	4	0	60	1150	14	2	3	29	20	20	6	8
Grilled Chicken and Caprese Salad	297	530	38	6	0.3	60	1340	20	2	5	25	30	30	15	20
Italian Wedding Soup	240	110	4.5	1.5	0	10	1030	12	1	1	5	4	0	2	4
Mediterranean Salad	197	160	14	3	0.2	10	490	8	3	4	4	20	60	10	8
Roasted Garlic and Tomato Soup	240	140	6	2.5	0.5	10	1030	19	2	6	4	20	10	8	8
Side Caesar Salad / Single Serving of Unlimited	174	390	37	2.5	0	40	430	8	1	2	6	15	10	2	2
Side Garden Salad / Single Serving of Unlimited	188	180	15	2	0	0	670	10	2	2	2	2	20	4	4
Tuscan Chicken Salad	459	570	34	4	0.5	10	990	43	11	13	25	50	110	15	15
<b>Start Here</b>															
Spinach and Cheese Dip (with Flatbread)	370	1090	74	26	1	115	1780	75	4	6	26	15	20	20	25
Sizzling Calamari Al Diavolo	686	840	33	7	0	660	3360	88	9	8	52	4	220	20	20
Mario's Nachos ( no dips )	584	1350	59	20	1	95	2810	146	13	6	46	20	100	100	40
Side Salsa	62	20	0.2	0	0	0	450	5	0	4	1	0	15	0	4
Side Sour Cream	57	90	8	5	0.1	30	0	4	0	3	2	8	0	6	0
Mushroom Stuffed Caps ( no side crostini)	204	500	44	17	0.5	35	690	10	0	2	12	15	15	20	2
Side Crostini( no margarine)	103	300	7	2.5	0	0	650	49	2	1	9	0	2	8	15
Calamari Fritti ( no dips)	426	550	6	1.5	0	745	2020	71	5	2	56	0	60	15	20
Side Arabiatta Sauce	53	40	2	0.3	0	0	360	5	1	3	1	6	20	2	35
Side Pesto Mayo	60	360	39	3.5	0	85	280	0	0	0	2	0	0	0	0
Crispy Ravioli with Creamy Mozzarella	268	670	25	9	0.4	50	2090	90	4	7	23	8	25	6	6
Bruschetta	271	620	32	8	0.4	10	1220	67	5	10	14	10	30	15	30
Budda Boomers	230	660	32	10	0.4	10	1230	74	3	4	19	0	45	10	2
Side Napolitana Sauce	82	60	3.5	0.5	0	0	420	6	1	4	1	6	25	2	6
Garlic Parmesan Wings (no carrots / celery or blue cheese)	491	1350	99	32	1	50	2140	34	1	9	79	2	10	15	30
Chicken Wings - ( no sauce, no carrots / celery or blue cheese )	459	1140	78	24	0	0	1770	31	1	9	78	0	0	10	30
Hot Sauce	43	100	6	0.5	0	0	490	12	0	10	0.4	6	6	0	2
Medium Sauce	43	100	5	0.5	0	0	490	12	0	12	0.4	6	6	0	2
Mild Sauce	54	130	7	0.5	0.1	0	340	16	1	15	1	0	10	0	2
Blue Cheese Dip	46	210	21	3	0.1	0	400	0	0	0	1	0	0	6	0
<b>Viva Value</b>															
Baked Penne Alfredo	433	770	28	14	1	50	1070	95	7	8	33	45	140	50	20
Baked Penne Bolognese	369	800	33	15	1	80	1280	91	5	8	33	8	20	50	15
Bruschetta Pizza	539	1300	50	25	1	0	2130	149	6	11	62	15	35	90	60
Build Your Own - Italian Sausage	100	340	29	7	0.1	50	850	4	3	1	16	0	2	6	10
Build Your Own - Mario's Meatballs	172	310	20	8	0.4	60	1190	13	0	2	20	6	15	8	20
Build Your Own - Pasta Alfredo	264	580	15	9	0.5	50	1170	87	4	5	22	15	0	25	20
Build Your Own - Pasta Arrabbiata	294	530	9	1	0	0	1500	98	7	11	17	20	60	10	130
Build Your Own - Pasta Bolognese	294	590	17	4.5	0.4	35	1120	89	5	5	23	8	30	2	30
Build Your Own - Pasta Napolitana	294	530	10	1	0	0	1190	95	6	11	16	25	60	4	30
Build Your Own - Sauteed Shrimp	91	200	15	1.5	0	110	220	1	0	0	14	4	4	4	10
Build Your Own - Seasoned Chicken Breast	100	220	16	2.5	0.1	10	270	0	0	0	20	0	0	2	4
Fettuccine Alfredo	264	580	15	9	0.5	50	1170	87	4	5	22	15	0	25	20
Sauteed Basa Filet	531	710	41	8	0	85	2030	52	6	5	34	60	90	6	15
Spaghettini and Meatballs	553	910	34	10	0	60	2690	116	7	19	39	50	110	15	45
Spaghettini Bolognese	294	590	17	4.5	0.4	35	1120	89	5	5	23	8	30	2	30
Spaghettini Primavera	420	810	32	3	0	10	1010	109	11	7	25	120	240	15	35

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Updated November 7 2013





# East Side Mario's Nutrition Guide

	Serving Size	Energy	Total Fat	Saturated Fat	Trans Fat	Cholesterol	Sodium	Carbohydrate	Fibre	Sugars	Protein	Vitamin A	Vitamin C	Calcium	Iron
	(g)	(Cal)	(g)	(g)	(g)	(mg)	(mg)	(g)	(g)	(g)	(g)	(% Daily Value)	(% Daily Value)	(% Daily Value)	(% Daily Value)
<b>Pizza (1 slice of a Regular)</b>															
Cheese Pizza	117	300	10	5	0.2	20	670	37	1	2	14	6	6	20	15
Four Meat Pizza	149	370	16	7	0.2	40	970	38	2	3	20	6	6	25	15
Grilled Chicken and Bacon Pizza	160	370	14	7	0.2	40	900	37	1	2	21	6	8	25	15
New Yorker Pizza	142	320	12	6	0.2	20	670	38	2	2	15	6	15	20	15
Pepperoni Pizza	131	310	11	6	0.2	20	670	37	1	2	15	6	6	20	15
Vegetarian Pizza	156	330	13	6	0.2	20	700	39	2	3	15	8	15	25	15
<b>Pizza (1 slice of a Large)</b>															
Cheese Pizza	148	380	12	6	0.2	25	850	47	2	5	18	10	8	25	25
Four Meat Pizza	180	460	18	8	0.3	45	1140	48	2	5	24	10	8	30	25
Grilled Chicken and Bacon Pizza	187	450	17	8	0.3	50	1070	46	2	4	25	8	8	30	25
New Yorker Pizza	173	400	14	7	0.2	25	850	47	2	5	18	10	15	25	25
Pepperoni Pizza	162	390	14	7	0.3	25	850	47	2	5	18	10	8	25	25
Vegetarian Pizza	187	410	15	7	0.3	25	880	49	2	6	18	10	20	30	25
<b>Pizza Topping (Regular)</b>															
Bacon Pieces	28	130	9	3.5	---	30	360	0	---	0	11	---	---	0	2
Black Olives	28	45	4	0.5	0	0	160	2	2	0	0.2	---	---	---	---
Caramelized Onions	43	30	2	0.4	0	0	20	3	1	2	0.4	0	4	0	0
Diced Ham	28	45	3	0.5	---	15	390	1	0	0	4	0	0	0	2
Extra Cheese	57	170	11	7	0.4	40	340	2	0	0	13	8	0	40	0
Goat Cheese	43	110	9	6	0.3	45	160	1	0	1	7	8	0	2	0
Grilled Chicken	114	90	1	0.3	0	50	590	0	0	0	19	0	0	0	0
Hot Cherry Peppers	21	5	---	---	---	0	300	1	1	1	0.1	4	20	2	0
Italian Sausage Crumble	43	110	8	3	0	25	430	2	2	0	8	0	0	4	6
Mushrooms	28	5	0.1	0	---	0	1	1	0	0	1	0	2	0	2
Pepperoni	28	30	2.5	1	0	5	5	0	0	0	1	---	---	0	2
Pineapple	28	20	0.1	0	0	0	0	5	0	4	0	0	2	0	0
Pulled Pork	85	130	5	1.5	0	40	840	10	0	7	12	2	2	2	6
Red and Green Julienne Peppers	43	45	4.5	0.2	---	---	---	2	1	---	0.1	---	35	---	0
Roasted Red Peppers	43	10	---	---	---	0	110	2	0	1	0.3	4	25	0	2
<b>Viva Italia (not including salad, soup or bread)</b>															
Chicken Picatta - ( no side vegetables or side choice)	558	480	24	5	0	125	2110	26	6	3	40	2	150	10	15
Firecracker Shrimp Bowtie	480	950	42	5	0	345	1900	100	8	3	42	10	180	35	50
Linguine Chicken Tetrazzini	647	1180	60	17	1	70	1870	94	6	9	55	6	15	35	25
Pesto and Peppers Spaghettoni with Goat Cheese	407	700	25	6	0.2	35	840	96	8	12	24	40	160	15	30
Scallop Carbonara	419	970	46	16	0.5	145	1530	91	4	7	49	6	25	30	20
White Wine Scallop and Shrimp Spaghettoni	406	720	19	2.5	0	115	760	91	6	6	34	8	60	6	40
<b>Viva A-More(not including salad, soup or bread)</b>															
Back Ribs - ( no side choice, no side sauce )	660	1260	79	30	0	295	2460	32	36	22	106	4	0	10	0
Basil Chicken and Fettuccine Pomodoro	379	910	46	7	0.1	10	810	91	6	7	36	15	40	6	30
Chicken Strips - no side choice or plum sauce	271	530	22	3	0	95	1060	40	3	15	42	0	4	4	20
Plum Sauce for dipping	53	100	0	0	0	0	470	25	0	24	0	0	0	0	0
Fish & Chips - no side choice or tartar sauce	345	560	9	1	0	95	1320	77	3	3	41	6	10	8	20
Side Tartar Sauce	55	320	35	3	0.4	40	280	2	0	0	1	4	4	0	0
Grilled Atlantic Salmon ( with sauce, no vegetables or side choice )	246	530	40	12	0	115	820	3	0	1	39	2	6	10	4
Marios 16 Layer Lasagna	726	1140	52	22	1.5	145	2300	110	6	13	56	10	40	70	40
New York Striploin - ( no vegetables or side choice )	235	590	44	16	0	120	830	0	0	0	46	0	0	2	20
Steak and Mushroom Ravioli	587	690	39	8	0.2	75	2550	61	8	12	28	70	130	35	140

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Also Note: If you or anyone in your party joining us have allergies, or are sensitive to any ingredients, please advise your server. In addition, we cannot guarantee that our restaurants and dishes will be 100% free of peanuts – a food item that can cause severe reactions for some people.

Updated November 7 2013





## East Side Mario's Nutrition Guide

	Serving Size	Energy	Total Fat	Saturated Fat	Trans Fat	Cholesterol	Sodium	Carbohydrate	Fibre	Sugars	Protein	Vitamin A	Vitamin C	Calcium	Iron
	(g)	(Cal)	(g)	(g)	(g)	(mg)	(mg)	(g)	(g)	(g)	(g)	(% Daily Value)	(% Daily Value)	(% Daily Value)	(% Daily Value)
<b>Viva Legends (not including salad, soup or bread)</b>															
Cheese Cappelletti	566	910	30	16	0.5	95	1070	114	7	12	43	30	60	70	50
Hell's Kitchen Chicken - ( no side vegetables or side choice)	569	470	23	4	0	100	2390	22	4	7	44	10	35	6	10
Linguine Chicken Amatriciana	504	1070	54	11	0	55	1650	99	6	12	51	20	60	15	25
Mario's Classic Chicken Parmigiana - no side choice	417	570	18	8	0.5	140	2170	40	2	6	58	10	25	50	15
Sausage and Pepper Penne	520	920	39	7	0	50	2600	110	13	16	36	60	180	20	120
Seafood Linguine	540	830	28	2	0	195	2300	96	4	6	45	4	25	20	20
<b>Sandwiches (not including side serving)</b>															
Calzone	366	640	23	7	0	5	1330	84	4	11	25	20	60	25	15
Chicken & Provolone Panini	349	840	43	10	0	75	1580	64	6	6	39	20	25	35	40
Chicken Parmigiana Sandwich	379	600	12	5	0	50	1820	81	4	8	40	15	35	25	25
Fat Tony Burger	421	760	38	17	1	165	1960	56	3	11	47	10	15	25	50
Mariboli Wrap	314	600	45	8	0	90	970	13	3	3	29	6	35	30	8
New York Steak Sandwich (West only)	300	710	49	14	0	90	1190	25	1	0	40	0	4	4	25
Philly Cheesesteak	399	980	62	23	1.5	105	1600	58	3	2	41	6	40	60	25
Pulled Pork Sandwich	398	620	21	7	0.1	65	1890	78	7	16	27	25	50	20	50
Tomato and Feta Panini	452	640	33	5	0.1	35	1940	73	8	11	16	30	70	15	50
Traditional Burger	386	680	35	15	1	150	1480	53	3	6	40	10	15	10	40
Tuscan Turkey Club	426	800	42	7	0	105	2410	69	4	6	38	25	40	2	30
<b>Lunch Pasta (not including homeloaf)</b>															
Sausage and Pepper Penne (Small)	331	540	21	4	0	25	1650	70	8	10	21	40	120	15	80
Seafood Linguine (Small)	322	490	16	1	0	100	1380	60	3	4	25	4	15	10	15
Spaghettini Primavera (Small)	226	460	16	2	0	5	460	65	6	4	15	60	120	8	20
Linguine Chicken Tetrazini (Small)	314	620	30	9	0	35	940	57	3	4	24	2	8	20	15
Cheese Cappelletti (Small)	283	450	14	7	0	60	1160	57	4	6	21	20	30	35	25
Linguine Chicken Amatriciana (Small)	287	600	28	6	0	30	910	61	4	7	27	10	40	8	15
Spaghettini and Meatballs (Small)	401	630	25	7	0	45	2020	77	5	14	27	35	80	10	30
<b>Side Servings</b>															
Bacon Wrapped Scallop Skewer (1 Piece)	15	35	3	1	0	20	75	0	0	0	3	0	0	0	0
Fettucine Alfredo	159	360	9	5	0.3	30	540	55	0	2	14	10	0	15	50
French Fries	228	330	10	2.5	0.2	0	1370	53	7	0	6	---	25	2	15
Homeloaf (no Margarine)	103	300	7	2.5	0	0	650	49	2	1	9	0	2	8	15
Italian Poutine	375	500	22	9	0.5	10	1430	58	7	1	17	2	35	20	20
Mario's Potatoes	287	770	57	11	0.5	0	450	61	5	1	6	0	50	4	8
Penne Napolitana	235	370	8	1	0	0	850	63	4	10	11	25	50	4	15
Sauteed Shrimp	53	120	5	2	0.1	100	270	1	0	0	12	0	2	8	10
Side Veg (Broccoli and mixed peppers)	113	60	3.5	0.2	0	0	25	5	3	0	3	25	160	4	6
Spaghettini with Herbed Olive Oil	107	260	1.5	0	0	0	260	53	3	3	10	2	6	0	8
Sweet Potato Fries	228	370	15	2	0.2	0	910	54	3	18	3	60	25	6	10
<b>Mini Mario's Menu</b>															
Cheese Cappelletti	283	460	15	8	0	45	1030	57	4	6	21	15	30	35	25
Cheesy Bowtie Alfredo	231	540	22	14	0.5	105	740	54	3	3	27	2	0	50	15
Mario's Kid's Chicken Parmigiana - no side dish	220	280	10	4	0	45	1050	21	2	5	23	10	30	20	10
Mario's Pasta with Napolitana Sauce	235	370	8	1	0	0	850	63	4	10	11	10	50	4	20
Mario's Pasta with Margerine & Parmesan Romano Cheese	113	510	28	7	0.3	15	370	52	3	3	14	2	0	15	10
Mini Mario's Burger - no side dish	255	480	22	9	0.5	85	870	48	2	6	26	4	8	8	30
Dino Buddies - no side dish or plum sauce	148	350	20	3	0	35	600	23	11	4	19	0	0	0	0
Plum Sauce for dipping	53	100	0	0	0	0	470	25	0	24	0	0	0	0	0
Kid's Side Fries	114	160	5	1.5	0.1	0	690	26	3	0	3	---	15	0	8
<b>Desserts</b>															
Birthday Dessert	85	340	17	7	0.4	35	350	43	1	27	4	2	0	4	20
Black & White Mousse Cake	66	290	22	13	0	40	75	24	2	21	2	0	2	4	4
Budda Bingers	278	840	32	5	0.4	0	1210	130	4	8	14	30	0	8	35
Funnel Cake	494	1230	55	24	0	100	1140	176	5	60	15	15	10	20	30
Ice Cream - Adult Size	306	290	15	5	0.5	50	150	39	0	20	2	20	0	4	0
Mini Cones	107	120	5	3.5	0.2	15	45	18	0	11	1	0	0	2	4
New York Cheese Cake	207	740	53	33	0	215	580	56	2	45	12	45	0	10	6
Peanut Butter Stacker	231	1010	61	33	2.5	105	430	105	4	78	12	15	0	10	10
Smoers Pizza	276	860	16	7	0	0	720	160	2	68	19	---	---	---	90





## East Side Mario's Allergen Guide

	Dairy	Eggs	Mustard	Peanut	Seafood	Sesame Seed	Soy	Sulphites	Tree Nuts	Wheat
<b>Starters</b>										
Budda Boomers	X						X	X		X
Calamari Al Diavolo	X				X		X			X
Calamari Fritti	X	X			X		X			X
Chicken Wings - no sauce							X			X
-Mild Sauce	X	X	X				X			X
-Medium Sauce	X	X					X			X
-Hot Sauce	X	X					X			X
-Honey Garlic Sauce							X			X
-Garlic Parmesan	X						X			
Crispy Mozzarella Ravioli	X	X					X			X
Feta Bruschetta	X						X			X
Mario's Nachos	X									
Mushroom Stuffed Caps	X	X					X			X
Spinach Dip	X	X					X			X
<b>Soups/Salads</b>										
Caesar Salad	X	X	X		X		X	X		X
Garden Salad	X						X	X		X
Grilled Chicken and Caprese Salad	X						X			X
Italian Wedding Soup		X					X			X
Mediterranean Salad	X						X			
Roasted Garlic and Tomato Soup	X						X			X
Tuscan Chicken Salad	X						X		X	
<b>Kids</b>										
Kids Cheese Cappelletti	x	x					x			x
Kids Cheesey Bowtie Alfredo	x									x
Kids Burger with Fries	x						x			x
Kids Chicken Parmigiana	x						x			x
Kids Dino Buddies with Plum Sauce							x			x
<b>Side Servings</b>										
Chicken Breast							X			
Chicken Breast Julienne							X			
Italian Poutine	X						X	X		X
Marios Potatoes	X						X			
Roasted Button Mushrooms	X						X			
Salmon Fillet					X					
Sauteed Shrimp	X				X		X	X		
Sweet Potato Fries										
<b>Viva Amore</b>										
Chicken Strips with Dipping Sauce, Fries	X	X					X			X
Fish & Chips with Tartar Sauce		X	X		X		X			X
New York Stiploin	X						X			
Rack of Ribs			X				X			





# East Side Mario's Allergen Guide

	Dairy	Eggs	Mustard	Peanut	Seafood	Sesame Seed	Soy	Sulphites	Tree Nuts	Wheat
<b>Pastas/Viva Value(not including salad, soup or bread)</b>										
16 Layer Lasagna	X	X					X	X		X
Baked Penne Alfredo	X									X
Baked Penne Bolognese	X							X		X
Basil Chicken and Fettuccini Pomodoro	X						X	X		X
Alfredo Sauce	X									
Arrabbiata Sauce										
Bolognese Sauce								X		
Italian Sausage										
Marios' Meatballs	X						X			X
Napolitana							X			
Pasta										X
Sauteed Shrimp					X			X		
Seasoned Chicken Breast							X			
Cheese Cappelletti	X	X					X			X
Chicken Parmigiana	X						X			X
Chicken Picatta	X						X	X		X
Firecracker Shrimp Bowtie	X				X			X		X
Hell's Kitchen Chicken	X						X			X
Linguine Chicken Amatriciana	X						X			X
Linguine Chicken Tetrazzini	X						X			X
Pesto and Peppers Spaghettoni	X						X			X
Sausage and Pepper Penne										X
Sauteed Basa Filet	X				X		X	X		X
Scallop and Shrimp Spaghettoni	X				X		X	X		X
Scallop Carbonara	X				X					X
Seafood Linguine					X		X	X		X
Spaghettoni and Meatballs	X						X			X
Spaghettoni Primavera	X						X			X
Steak and Mushroom Ravioli	X	X					X	X		X
Grilled Salmon	X				X		X	X		X
<b>Pizza</b>										
Build Your Own - cheese and sauce	X						X			X
Bruschetta Pizza (Ontario)	X						X			X
Bruschetta Pizza (Québec)	X						X	X		X
Four Meat(Ontario)	X						X			X
Four Meat (Québec)	X						X	X		X
Gluten Free Pizza Dough		X								
New Yorker (Ontario)	X						X			X
New Yorker (Québec)	X						X	X		X
Pepperoni (Ontario)	X						X			X
Pepperoni (Québec)	X						X	X		X
Chicken and Bacon (Ontario)	X						X			X
Chicken and Bacon (Québec)	X						X	X		X
Vegetarian (Ontario)	X						X			X
Vegetarian (Québec)	X						X	X		X
Kids Cheese	X						X	X		X
Kids Pepperoni	X						X	X		X





## East Side Mario's Allergen Guide

	Dairy	Eggs	Mustard	Peanut	Seafood	Sesame Seed	Soy	Sulphites	Tree Nuts	Wheat
<b>Sandwiches (not including sides)</b>										
Chicken and Provolone	X	X					X			X
Chicken Parmigiana	X						X			X
Fat Tony Burger	X	X	X				X			X
Mariboli Wrap	X	X					X			X
New York Calzone	X						X	X		X
New York Steak Sandwich	X						X			X
Philly Cheesesteak	X						X			X
Pulled Pork Sandwich	X	X	X				X			X
The Traditional Burger							X			X
Tuscan Turkey Club	X	X					X			X
Veggie Panini	X	X					X			X
<b>Desserts</b>										
Birthday Dessert	X	X					X			X
Black & White Mousse	X	X					X			X
Budda Bingers	X						X	X		X
Funnel Cake	X	X					X			X
Kids Cones	X						X			X
New York Cheesecake	X	X					X			X
Peanutbutter Stack	X	X		X			X			X
Smores Pizza	X						X	X		X
Vanilla Ice Cream	X									

### X-DENOTES ALLERGENS IN DISH

- (a) Our nutritional information is based upon data received from suppliers.
- (b) Serving sizes can vary, and ingredient substitution is possible.
- (c) Calculations are based on the nutritional data as of the date of this posting only.
- (d) Software used to compile the data for a particular dish from all the ingredients' data has inherent errors.
- (e) Limited time specials may not be included in the table.

Also Note: If you or anyone in your party joining us have allergies, or are sensitive to any ingredients, please advise your server. In addition, we cannot guarantee that our restaurants and dishes will be 100% free of peanuts – a food item that can cause severe reactions for some people.

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Some items may contain traces of, or have come in contact with, nuts.